

# Earth Day: Your Own Backyard

**Environmental Protection Begins In Your Own Backyard**

**More Easy Things YOU Can Do to Protect the Environment**

On average, Americans throw out almost 10 pounds of household garbage every day. Most of these items are not recycled. When you RECYCLE, you're saving some of our precious resources.

**Recycle**  
 Recycle newspapers, magazines, books, catalogs, and other printed materials. Most newspapers and magazines are made from 100% recycled paper.

**Use spray cans wisely**  
 Spray cans contain hazardous materials. Use them only when necessary. Don't use them for small jobs. Use a brush or roller instead.

**Use both sides of your paper**  
 When you have a page of paper, use both sides. Recycle your paper. Don't use paper napkins or paper towels. Use cloth napkins and towels.

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**What will YOU do to protect the environment?**

Do you like to play on clean land, in clean water, and do you enjoy breathing clean air? Earth Day is on April 22. The day people around the world call attention to the environment.

Protecting the air, land and water takes the help of everybody, all day long.

What will YOU do to protect the environment?

Write your name and address on the lines below. Then give your form to your teacher or parent. We'll give you a special Earth Day card.

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The Arkansas Dept. of Environmental Quality (ADEQ), and the Arkansas Newspaper Foundation would like to announce a set of special educational features featuring Earth Day 2010 activities. The set of three 3x10 features are available to newspapers free of charge. Newspapers may sell appropriate sponsorships to cover costs. The features are available in all four main web sizes; narrow, Wehco, Web, and Pass. You may access the features by emailing Karen Brown, ANF Executive Director, or by visiting the Arkansas Newspaper Foundation website link from [www.arkansaspress.org](http://www.arkansaspress.org) <<http://www.arkansaspress.org>> .

Tres will be connecting the link in late March.

“The Arkansas Department of Environmental Quality is pleased to partner with the Arkansas Newspaper Foundation to promote environmental quality in the natural state. This great opportunity will help educate the public about Earth Day and how they can help in our environmental efforts. As a former teacher, I understand the use of resources such as newspapers is a valuable tool in educating students. By partnering with the ANF we have the opportunity to reach not only students, but also teachers, parents and community leaders about recycling, reducing waste or buying products that are better for our environment. We believe that Arkansans love their natural state and if we can educate them on how they can do their part to preserve our environment, then we've succeeded in making Arkansas a cleaner, better place to live and to enjoy for years to come.” Teresa Marks, Director Arkansas Department of Environmental Quality